

# THE LOCAVORE FARM PROJECT

## Locavore Farm's Young Stewards Program Overview

The Young Stewards Program at Locavore Farm is designed to provide a well-rounded, hands-on apprenticeship experience, exposing participants to many different aspects of farm life. Rather than being assigned to a single focus area for the entire day, stewards will engage in a dynamic, flexible learning environment that allows them to explore various roles, skills, and responsibilities across the farm.


Each day may include time spent in harvesting, culinary arts, regenerative farming, livestock care, or farm infrastructure, ensuring that stewards develop adaptability, problem-solving skills, and a deeper understanding of the interconnected systems of the farm. However, we also believe that learning is most impactful when it follows a child's natural curiosity—so while stewards will rotate through different areas, we'll take note of their individual interests and strengths, allowing them to lean into the areas that inspire them most.

By experiencing multiple aspects of the farm, stewards will gain practical skills, confidence, and a holistic perspective on sustainable agriculture, food systems, and community-building. This approach fosters flexibility, teamwork, and leadership, providing a foundation that will serve them far beyond their time at the farm.

### Regenerative Farming Apprenticeship

Focus: Sustainable Agriculture, Soil Health & Crop Cultivation

Gain hands-on experience in regenerative farming by working directly with soil, crops, and land stewardship. Learn the fundamentals of organic farming, composting, and soil health management while planting, weeding, watering, and harvesting. Discover how healthy soil creates nutrient-rich food and contributes to a sustainable, resilient food system.

 Ideal for those passionate about environmental sustainability, hands-on farming, and growing food with purpose.

### Livestock & Poultry Apprenticeship

Focus: Ethical Animal Care & Sustainable Food Production

Step into the world of pasture-raised livestock and egg production by working hands-on with our chickens, cows, goats, and other farm animals. Learn the essentials of feeding, handling, and caring

for livestock, along with the full cycle of ethical egg production—from collection and cleaning to packaging. Understand how animals contribute to soil health, regenerative farming, and sustainable food systems while developing essential skills in animal husbandry.

👉 Perfect for those who love working with animals and want to explore responsible, hands-on livestock management.

### 🌿🍴 **Harvest & Culinary Apprenticeship**

Focus: Farm-to-Table Food Production & Culinary Arts

Gain a full farm-to-table experience by working with both harvested ingredients and culinary preparation. Learn how to identify peak ripeness, properly harvest produce, and handle pasture-raised meats, then take your skills to The Table, where you'll assist in meal prep, open-fire cooking, preserving, and plating dishes for farm gatherings.

👉 Perfect for those passionate about fresh food, sustainable cooking, and experiencing the journey from farm to plate.

### 🔧 **Farm Infrastructure & Mechanics Apprenticeship**

Focus: Construction, Repairs & Land Maintenance

Become an essential part of the farm's operations by learning carpentry, mechanics, and land maintenance. Assist with small construction projects, farm equipment repairs, and general upkeep of pathways, structures, and gathering spaces. Gain hands-on experience in sustainable infrastructure, problem-solving, and resourceful building techniques while keeping the farm functional and welcoming.

👉 Perfect for those who love working with their hands, building, fixing, and improving spaces that serve a greater purpose.

📧 [Ready to Join?](#)

